



## INTRODUCTION TO COURSE SETTING Clinic Information

The Introduction to Course Setting clinic is designed for any ski coach who is interested in learning how to set or improving their course setting skills. Coaches who have limited or no experience course setting must take this clinic prior to taking the Level 200 Alpine Technique and Tactics clinic. Coaches do not need any previous coaches training to attend this clinic. All coaches will be given the chance to set GS and slalom courses under the guidance of our instructors. Our instructors will provide advice for setting efficiently, setting to achieve your training goals, setting to the rules, and setting for safety. Coaches will learn by setting their own courses, and by assisting other coaches with their sets. Classroom discussion following the on-hill session will cover course setting considerations for speed; situational course setting based on age, ability, snow conditions, and terrain; course setting rules and expectations for events; and general course setting Q&A. At the end of the clinic, coaches will have the knowledge and confidence to set for training sessions and entry level events<sup>i</sup>.

### What to bring (\*-optional items if you have them):

- ✓ Drill
- ✓ Gate wrench
- ✓ Range finder\*
- ✓ Course setters tape\*
- ✓ Notebook/pencil for on-hill notes

### Clinic schedule (subject to change, specific locations and details will be emailed):

8:00	Meet instructor indoors, review program and basics, pick up lift tickets
8:30-11:30	GS course setting – hands-on
11:30-12:30	Lunch
12:30-3:30	SL course setting – hands-on
3:30-4:00	Break
4:00-6:00	Course setting classroom discussion
6:00	Wrap-up, clinic survey, and depart

### Clinic materials:

Participants will be sent a course setting handbook when they register for the clinic. They are asked to review the content prior to attending to prepare them for the course setting portion.

### For more information:

Contact USSA Sport Education at (435) 647-2050 or email [education@ussa.org](mailto:education@ussa.org).

<sup>i</sup> Some USSA states and divisions require referee certification to set courses for events. This clinic is not intended to qualify or endorse course setters for competition events. We encourage taking this course and practicing setting through club training prior to setting for competition.



**U.S. Ski and Snowboard Association**  
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